

3 **Facilitated Immersion at a Distance in Second**
5 **Language Scientific Writing**

7
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15 With the emergence of English as the dominant language of international science
17 (Ammon, 2001), non-native English-speaking (NNES) scientists who have not had
19 extensive experience in an English-speaking country are caught in a bind. To
21 participate in international science — that is to communicate findings and discuss
23 latest research developments, methods, and theories with colleagues in their
25 specialties globally — they need to have written and spoken fluency not only in
27 English, but the scientific English of their specialty, with the idioms of the specialty
29 that both signal expertise and facilitate rapid, precise mutual understanding. That is,
31 they need a clarity and univocality of expression using the specialized lexis and
33 phrasing so as to make their ideas understood with enough ease so to allow the
35 readers to maintain focus on the scientific issues rather than problems of language
37 and translation. No general course in English, nor even a specialized one in scientific
39 writing, nor even one that uses authentic materials and tasks, can provide enough
41 depth in the language of their specialty. Nor can any course provide enough hours of
43 motivated practice of sufficient challenge to develop the level of competence and
45 fluency necessary for high-level participation in their specialty in English. Language
courses can only provide preparation and support to facilitate actual practice in
immersive situations, but at some point, those immersive situations must become the
site of writing practice and development.

The bind goes even deeper, in that learning and doing the science within a
particular linguistic context is the actual means for learning the specific language that
embodies the ideas and reasoning of the field. Conversely, gaining ease with the
language is also gaining facility in recognizing and formulating the thinking of the field.

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1 The language is a means of talking about and expressing what one is doing,
 2 elaborating specialty-appropriate thought and argument, so one learns the language **AU:1**
 3 hand in hand with doing the science. This is a process even native speakers must go
 4 through as they move from introductory courses to the more intense, nuanced, and
 5 refined discussions of graduate work and then practicing science, situated not in the
 6 authoritative certitudes of lower schooling, but the emergent, uncertain, and
 7 contended world of the research front or unsolved applications (see Prior &
 8 Bilbro, this volume, for elaboration of the academic enculturation process.). Second **AU:2**
 9 language speakers, even though they may be highly talented and have advanced in
 10 their science as far as schooling and scientific practice in their native language allows,
 11 may be able to access the most current finding and ideas, as well as the most current
 12 framing of research questions only within international discussions likely to be in
 13 English. Since most specialties of science are conducted as international inquiries
 14 relying on international communication, communicated in English, full participation
 15 is dependent on the ability to read and write scientific English with a nuanced
 16 understanding of the language of the specialty. Of course, this problem is most severe
 17 among graduate students and scientists working within languages that have only
 18 regional presence (such as the Eastern European languages), but even within
 19 scientific communities using the largest and most robust international languages
 20 other than English (such as Spanish and Chinese), students in many disciplines must
 21 learn to read the English language literature of their fields, and publication in English
 22 becomes an important advantage, if not a requirement as their careers progress
 23 (see Meneghini & Packer, 2007, for a recent discussion of this problem with
 24 alternative solutions). The language shift disrupts their ability to talk and write about
 25 what they already know and places obstacles in engaging in and learning from the
 26 most advanced discussions (see Chitez & Kruse, this volume, for the complexity of
 27 scientific cultures and the role language plays in it).

28 The language difficulty may have a further effect of increasing anxiety about one's
 29 ability to participate adequately and not be judged poorly, an anxiety that further
 30 impedes the ability to step forward into the discussion to advance one's science and
 31 one's experience as a scientific communicator. The problem is further compounded
 32 for those who have limited opportunity to participate in international laboratories,
 33 and must learn to participate in international English medium science at a distance,
 34 only through the virtual worlds of texts and the Internet (setting aside further issues
 35 of connectivity and bandwidth). In short, those at the fringes of English language
 36 international science must make the most of limited and distal opportunities to
 37 interact.

38 In this chapter, we offer some conceptual resources to understand the challenges
 39 facing NNES scientists in participating international scientists. We then describe an
 40 intervention we developed to help a group of Mexican scientists to face these
 41 challenges. The concepts and intervention were based on a research study of the
 42 attitudes and histories of NNES scientists who have successfully been able to publish
 43 regularly in English (more elaborated findings from this study are to be found in
 44 Keranen et al., in press, and other forthcoming publications).

1 **Prior Studies of the Position on L2 Scientists**

3 A growing literature in English for Specific Purposes and English for Academic
5 Purposes has examined the difficulties and strategies of NNES scientists attempting
7 to publish in English. Flowerdew's series of interview studies, in particular, reveal
9 both the dilemmas and strategies of NNES scientists needing to publish in English
11 despite limited English writing abilities. Flowerdew's initial quantitative survey
13 (1999a) and a follow-up interview study (1999b) identified obstacles faced by Hong
15 Kong scholars in making effective arguments in English, including limited
17 vocabulary, rudimentary style with little nuance or flexibility of expression, with
19 special problems in introductory and discussion sections along with qualitative
21 articles in general. In a further in-depth study of a single subject in attempting to
23 publish a single article, Flowerdew found that the obstacles went beyond language
25 proficiency, to difficulties in maintaining ongoing engagement with the relevant
research communities (2000). The subject had done both his masters and Ph.D. work
in an English-speaking country and had substantial comfort in English as well as
some of the specialized lexis and locutions of his field, though his eventually accepted
essay did need some language revisions. The greater revisions, however, concerned
the structure and argument, issues not that different from those faced by L1 scientists
seeking their first publications. The revision process, however, was exacerbated by
the distances and communicative obstacles, including lack of access to his advisor.
Flowerdew invokes Lave and Wenger's (1991) theory of communities of practice to
explain the problem of being on the periphery without regular communications that
would support legitimate peripheral participation (LPP), despite extended experience
within an English-speaking research unit.

The problem of being at the scientific periphery again surfaced in Flowerdew's
(2001) interviews of applied linguistics journal editors. Although these editors were
sympathetic to the plight of NNES scholars and provided editorial support, they
found difficulties with submitted manuscripts not just at the surface language level
(which could be remedied by editorial support) but also with parochialism and
absence of authorial voice, both of which could have their origins in the limited
engagement with scholarly discussions. Nelson and Castelló (this volume) consider in **AU :3**
greater depth the difficulties in developing academic voice. An even greater obstacle
to engagement occurs when editors and reviewers stigmatize the capabilities and
quality of work of writers whose texts show evidence of EFL difficulties (Ammon,
2000, 2001; Curry & Lillis, 2004, 2009; Flowerdew, 2008; Flowerdew, 1999a; Li &
Flowerdew, 2007). Authors' perception of stigma creates a further psychological
burden (Flowerdew, 2008). Similar problems have been found with Korean scientists
(Cho, 2009) and Spanish-speaking scientists in Spain (St. John, 1987) and Mexico **AU :4**
(Englander, 2008, 2009).

In order to overcome these difficulties and to begin to engage in international
science, some NNES scientists have been found to use a variety of techniques and
strategies that indicate they are not just victims of marginalization. Rather, they can
be self-conscious, strategic, persistent actors (Belcher, 2007; Okamura, 2004, 2006)

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1 attempting to improve their position and interaction within a social system through a
 3 variety of supports. Some of the supports include seeking the help of other people
 5 who can assist them in overcoming the language barrier, such as editors and
 7 proofreaders (Burrough-Boenisch, 2003; Flowerdew, 2001; Harwood, Austin, &
 9 Macauley, 2009; Li & Flowerdew, 2007; Lillis & Curry, 2006; Misak, Marusic, &
 11 Marusic, 2005.) The contributions of editors, however, sometimes lead to significant
 13 changes in text and intention (Hartley, Branthwaite, Ganier, & Heurley, 2007).

15 Other strategies involve attempting to understand the norms, genres, practices,
 17 and patterns of language use within the articles in their specialties (Buckingham,
 19 2008) and developing reading strategies that overcome language difficulties
 21 (Burrough-Boenisch, 1999). One language-based strategy is to reuse phrasing found
 23 in the literature — this ranges from writing new sentences and sections using sentence
 25 and phrase patterns used by other authors to patching together existing phrases (or
 27 “patchwriting” as termed by Howard, 1993) to totally copying of entire sections,
 29 varying only to present their specific methods and findings (Abasi & Graves, 2008;
 31 Flowerdew, 2007; Okamura, 2004, 2006; Pecorari, 2003)

33 On the other hand, others have a more passive attitude, not understanding their
 35 challenges and not seeking to improve their language skills and engagement, thereby
 37 entrenching their marginal positions (Wang & Bakken, 2004).

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23 **Our Larger Project**

25 The ideas and applications presented in the remainder of this chapter were developed
 27 in conjunction with a research study (described more fully in Keranen et al., in press
 29 and other forthcoming studies) aimed at understanding how some NNES scientists
 31 nonetheless come to have successful publication careers in English. For this purpose,
 33 we conducted a series of interviews with professors and graduate students in physics
 35 and mathematics at a major research university in central Mexico. These researchers
 37 and theorists were at different stages of their careers, from young researchers just
 39 starting out to publish internationally to senior scholars with long lists of
 41 international publications. What we found among our interviewees were varying
 43 histories, but most containing increasing interactive engagements with English
 45 language scientists early in their careers, which bootstrapped their opportunities to
 learn and practice English in the context of their science. These included
 international residencies early in their careers, working in English-speaking
 laboratories and regular attendance at international conferences. They also reported
 continuing collaborations with international English-speaking teams along with
 ongoing correspondence with English-speaking colleagues. While some had near
 native English fluency, others reported regularly having difficulties in English,
 ranging from patterns of errors to difficulties in expressing ideas clearly — but those
 with difficulties relied heavily on their collaborators and editors to either produce or
 correct the prose. High levels of English language publication seemed to correlate
 with higher levels of immersion in social and collaborative networks of English

1 language scientists, who provided language opportunities and support as well as
2 scientific. Those earlier in their publication careers were just starting to build those
3 networks and engage in such interaction.

4 In a workshop based on our analysis of these findings, some of the participants
5 had barely begun this international engagement and showed the kinds of problems
6 described elsewhere in the literature: limited language skill, lack of confidence,
7 obstacles to publication, little conference attendance and little visiting experience in
8 English-speaking labs and universities. While they had advanced well within the
9 academic word of Spanish-speaking Mexican undergraduate and doctoral programs,
10 and also were able to read research publications in English, they had not found a way
11 to enter into the international communication system. They also seemed to lack
12 much of an understanding of how to proceed to engage in international science and
13 seemed to suffer from a kind of timorousness and passivity (as Wang & Bakken,
14 2004, noted in their subjects). In short, the non-publishers were at the social margin
15 while the high English publishers seemed immersed in the world of international
16 science.

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The Problem of Immersion

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22 As the study and workshop developed, we found it useful to describe the fundamental
23 problem as one of gaining immersion in the rich and motivated language experiences
24 that would lead to further specialized L2 language learning that would then support
25 further immersion and engagement. NNES scientists seem to have high practical,
26 experiential and emotional barriers keeping them from those bootstrapping in-
27 teractions that would lead to communicative fluency and publications, and they need
28 to find ways to overcome those barriers. Those that have overcome these barriers have
29 had fortunate early experiences that have helped move them from the periphery to
30 more central roles in the relevant networks of scientific activity of their field — where
31 they are able to further build their knowledge, language skills, and engagement with
32 cutting edge problems.

33 In second language learning, Krashen (1981) has hypothesized that the amount of
34 comprehensible input within intensive interaction (which would be concomitant with
35 immersion) facilitates fluency and high levels of performance. Similarly, Long (1996)
36 has hypothesized that interaction is central to acquisition. Schmidt (Schmidt, 1983;
37 Schmidt & Frota, 1986) also has long argued through detailed case studies that while
38 high levels of interaction facilitate fluency, targeted instruction still has a role in
39 focusing attention on grammatical precision. While such studies consider the degree of
40 learning under immersion conditions, they do not examine what immersion means,
41 what its social mechanisms are, what drives people to engage in it, and how immersion
42 is experienced by the language learner (Cummins, 1998). Immersion has also been
43 invoked as a justification for various Internet-based innovations that support engaging
44 interaction between second language learners and native speakers (Oliva & Pollastrini,
45 1995), but again, there is little consideration of the meaning of immersion. A few topics

1 within the applied linguistic research world do bear some relevance — such as the value
 3 of time on task (Collins, Halter, Lightbown, & Spada, 1999), frequency of processing
 (Ellis, 2002), and correspondingly the amount of input and output; yet, even these tend
 to be studied only within a controlled classroom experience.

5 The concept of dual immersion has, similarly, been adopted as an innovation in
 primary and secondary education, originally developed to meet the particular
 7 cultural and political needs of Canada, but adopted in many other regions with a
 variety of heritage languages (Johnson & Swain, 1997). Dual immersion (where
 9 students study at least two languages both of which are used throughout the rest of
 the curriculum) is largely defined by school hours using each language and other
 11 curricular measures. The benefits of dual immersion have been documented with
 educational assessments (Cummins, 1998), and the sociopolitical dynamics on the
 13 effectiveness of dual language for immigrant children have been examined (Valdes,
 1997). Yet, the social and psychological processes that form the immersive experience
 15 remain little understood.

A lack of in-depth understanding of immersion limits our ability to consider ways
 17 to help people engage in it — particularly adults who face obstacles to naturally
 occurring ambient immersion. Further, since few NNES scientists have the
 19 opportunity or resources for extended residencies in L1 English-speaking scientific
 environments, it would be useful if we could find ways to consider how interactions
 21 at a distance through traditional print and newer digital technologies could provide
 some degree of immersive experience at a distance. As we will elaborate below, we
 23 believe immersion is constituted on both a psychological and a sociocultural level.
 Accordingly we will examine the psychologically based studies of immersion that
 25 have arisen out of the virtual reality and gaming worlds, sociocultural theories from
 education, and sociological studies of the organization of science. We will then draw
 27 an analogy to social networks to synthesize these strands and apply them to the
 interactions at a distance available to the NNES we studied. We end with a
 29 description of a workshop we designed on the basis of this analysis.

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33 **Research into Immersion in Gaming**

35 As the study and workshop progressed, we found ourselves using the analogy of
 immersive virtual reality to consider how one can become immersed in a situation not
 37 physically present. When we in fact investigated the literature on computing and
 virtual reality, we found research that associated an intense immersive experience with
 39 a sense of presence (Dillon, Keogh, Freeman, & Davidoff, 2000; Freeman, Avons,
 Pearson, & Ijsselsteijn, 1999) or actually being in a live, materially embodied situation
 41 (Pine & Gilmore, 1999). This idea of potentially very broad application has been most
 explored with respect to digital gaming. The gaming literature perceives the concept of
 43 immersion as underdefined, but has begun to explore its psychological components
 (Brown & Cairns, 2004; Ijsselsteijn, de Kort, Poels, Jurgelionis, & Bellotti, 2007).
 45 Interviews with gamers reveal three levels of involvement: engagement, engrossment

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1 and total immersion (Brown & Cairns, 2004). The first level of engagement requires
3 access (including the necessary skill to participate) and the desire to spend time with
5 the environment, which in gaming is associated with the task being interesting and
7 providing adequate response and rewards to the players' actions. Engrossment, the
9 second level, adds an emotional component that is correlated with an investment of
11 time, attention and effort, giving rise to a state of concentration described as "zen-
like" and that leaves one drained after stopping. In the final stage of total immersion,
the players lose sense of the reality around them and all they think about is the game;
moreover, this tends to happen only when they empathize with the game characters,
seeming to take their part or transfer their consciousnesses into the character. The
authors associate these higher levels of involvement with the concept of flow
(Csikszentmihalyi, 1990).

13 Ermi and Mäyrä (2005) and Douglas and Hargadon (2000) also associate AU-9
immersion with flow and identify three components contributing to high degrees of
15 immersion: sensory, challenge, and imaginative. Challenge exists in relation to level
of skill, pushing one's limits but not beyond, as in the Zone of Proximal
17 Development (Vygotsky, 1978). High levels of challenge are also associated with
high use of working memory, taxing one's resources (Grodal, 2003).

19 Several authors have also noted the importance of familiarity of environment or
"discernability" allowing the player to recognize the meaning of stimuli and the
21 anticipated effect of their actions (Douglas & Hargadon, 2000; McMahan, 2003;
Salen & Zimmerman 2004). This is also a theme of flow research that sees necessary
23 conditions as skill, challenge at the limits of skill, a recognizable and limited
environment, and rewards coming directly from actions (Csikszentmihalyi, 1975,
25 1990). Within flow states there is rapid problem solving and maximum learning. This
coordinates with neurological findings that associate learning with heightened
27 emotional states (Hinton, Miyamoto, & Della-Chiesa, 2008). But if there is little
appropriate skill, worry, or anxiety sets in, interfering with engagement, and if there
29 is little challenge, boredom or relaxation may keep engagement low, mitigating the
kind of attention that would lead to learning and deeper involvement.

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Immersion in Language Learning in Real Life

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37 So what does this gaming research have to do with language learning? Of course, this
research about gaming is seeking to recreate the kind of presence that occurs in real
situations where flow occurs simply by being part of the events that surround us. The
39 prototype of language immersion is an adult second language speaker living and
working in a second language situation in which all transactions must be carried out
41 in the second language. One must constantly listen, speak, read, and write in the
second language and give up dependence on the first language. Beyond time on
43 language learning tasks and extensive practice, one's interactions are framed in the
second language — directing one's thought, motives, and spirit toward a way of life
45 within that second language.

1 When we negotiate meaningful life activities, we are fully attentive as we produce
 language to meet challenges that provide us immediate feedback and rewards.
 3 Further, most of us (not having delusional dissociation) identify with ourselves in our
 actual situations even more than we do with the most engaging fictional game
 5 characters. Our communications are accompanied by the many emotions of success
 and failure of interaction. Fortunately, the good will of interlocutors and the
 7 flexibility of situations often allow us to repair failures and to improvise alternative
 solutions — both of which support maximum learning. As we warm to situations,
 9 language may flow, and we produce more meaningful language than we thought
 possible. As situations succeed, our attention turns more to the engaging, immersing
 11 activities that motivate us and less to the language that was a barrier.

All this is consistent with what the gaming research tells us about the psychological
 13 attention and emotions associated with immersion. However, real situations are
 composed of social relations and activities and not just synthesized audio and video,
 15 and we have important material and social stakes in the outcomes of the interactions.
 As very young children, we may be shy in front of others, but most of us learn to stand
 17 straight and give socially acceptable responses. While many of our interchanges may
 with time become routine and unchallenging, we seek spontaneity, discovery, and fun
 19 through friendships, play, and engaging works. When we are met by challenge, our
 language grows as we incorporate language we hear around us, discover new things to
 21 say, and reach toward new formulations and ideas. If we are not overwhelmed and far
 beyond our skills (which may leave us worried or even anxious and less able to think),
 23 we enjoy the thought and excitement so we do not feel the work — rather we are
 attempting to relate to others and communicate with them at the limit. As our social
 25 networks grow, so do the variety of relations, differences in roles and activities,
 linguistic needs, and the possibilities of growth and discovery.

Particularly as we interact with specialized groups with unusual activities
 27 requiring special knowledge and language skills, we can become engaged at ever
 29 higher levels, once we get past the entry barriers of skill, knowledge, and anxiety.
 This process of entry, particularly in inviting communities of specialized practice and
 31 language, has been captured well by communities of practice that provide limited
 participation roles for newcomers, which Lave and Wenger characterize as LPP
 33 (1991). Such situations provide pathways for novices to take on greater roles and
 responsibilities as their skills and confidence build — a gradient of participation that
 35 correlates with engagement and challenge.

Language interactions are particularly well characterized by this LPP model as
 37 language use is typically constructed dialogically with interlocutors who are
 supportive in accommodating and calibrating to the language competence of the
 39 less skilled speaker — within material circumstances that themselves provide deictic
 support. As language skills grow, both participants are able to enter into more
 41 articulate, delicate and complex communications. Increased language skills will likely
 lead to increased interaction with more speakers of the language, as one enters the
 43 community of practice. This can also be described in network terms as building more
 and denser connections with larger groups of people (or nodes), thereby moving one
 45 more centrally into the network with all the increased information and practice that

1 is likely to come with that (Breiger, 2004). In these various ways, linguistic immersion
provides especially sensitive mechanisms of moving from peripheral participation to
3 centrally engaged skilled communication within large networks of interlocutors.

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Immersion in Groups with Barriers of Social Evaluation

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Of course, not all groups are inviting and open. Some set up barriers to the
9 uninitiated and stigmatize them in ways that impede participation and growth. The
uninitiated may be left at the margins with only the initiated being given access to
11 consequential events. We can see this in sciences that make judgments about the skills
and knowledge of people who want to participate, even at the fringe. Pathways to
13 higher levels of participation are usually mediated through educational and
mentoring processes, employment in laboratories and academic departments, and
15 meetings and publications — access to all of which are likely to be controlled by
gatekeepers (Merton, 1973). Initially, processes of induction may be impersonal in
17 the form courses and exams (though even student activities are mediated by language
and writing, both in discussion and in exams). These entry points eliminate many
19 from further engagement, through both formal evaluation and self-selection
influenced by formal assessment. As induction continues, the processes become
21 more personal in small seminars and tutorials, working in labs together, attending
meetings, and collaboration on papers.

23 Each of these steps advances one's knowledge of science and the language of
science and adds intellectual challenge and emotional commitment as one becomes
25 deeply engaged in problem-solving work with close colleagues. While big rewards
may be rare in terms of major discoveries, every time a piece of equipment works, an
27 experiment produces results, a set of equations make sense, or a calculation is
correct, one receives an intrinsic reward, pushing one further. Immediate and socially
29 intense rewards come from every successful conversation where scientific information,
ideas, and thinking are interchanged. The stories of the pleasures of intense
31 discussion are legion as well as the excitement that comes in collaborative thinking.
The possibilities of having smart colleagues one could learn from and share ideas
33 with influence both new and experienced researchers in make choices of where to
work and which conferences to attend.

35 The more elaborate rewards of successful experiments, discoveries and theoretical
advances are the consequences of collaboration and communication, and these
37 successes provide access to further opportunities to communicate and work with
others in a process labeled the Matthew Effect (Merton, 1973). Citations are outward
39 manifestations of the circulation of one's discoveries and theoretical innovations
throughout the network and provide another level of reward (Merton, 1957) and
41 credit for playing the game at a higher level (Latour & Woolgar, 1979). Citation and
co-citation networks indicate one's place within various conversations of the field
43 and one's relation to other researchers (Griffith, 1974; Small, 1973; Small & Griffith,
1974). That in turn can generate more communication and network density. The
45 adoption of modern practices of citation beginning in the late eighteenth century has

1 been explicit strategy to draw scientists together in social cooperation through
 3 intertextual networks (Bazerman, 1991; see also Bazerman, 1993 for how the
 5 representation of such networks show rhetorical intention.)

7 We can think of the process of entering into the engaging communications of
 9 science in terms of an emergent and evolving network, where communication,
 11 achievement, and recognition are intertwined as one becomes more intensively
 13 involved in the work of science. Every successful communication strengthens existing
 15 connections and builds new connections, drawing one further into the flow of
 17 information and ideas — as well as building skill and confidence (see Nelson, 2008,
 and Rinck & Boch, this volume, for reviews of research into how students learn to
 engage with academic intertextual systems.) Psychologically, as one becomes more
 connected, not only does one feel rewarded, but one’s mind becomes more and more
 engaged by the work of the field being carried out in the network to which one is
 contributing. Scientists most connected and most central within the networks are
 most intensively involved in contributing to or communicating with others about the
 latest work and to have access to the most resources. They are most likely to be
 described as people who “eat, drink, and breathe science.”

19 One unusual aspect of this network is that it depends on the positive actions of the
 21 participants — most specifically their communicative actions. Communicative
 23 actions, particularly written communications, often have a thoughtful self-reflexive
 25 design and require conscious initiative. Beginning to write is always a conscious
 27 choice and effort, even though the words may sometimes flow rapidly as the difficult
 29 problem falls in place. Spoken interactions may have more of a sense of spontaneous
 31 flow, as thoughts that have been on one’s mind resolve and words tumble out. Yet,
 33 these are words laden with thought and significant information for the problem, and
 35 they are new formulations that extend one’s communication potential.

37 NNES scientists working in a non-English setting, however, frequently have many
 barriers to being well connected in the network, including the necessity of working
 though written language without the immediacy and spontaneity of spoken
 interaction; having fewer and more distant professional connections; feeling
 stigmatized for language and for being at the periphery; and not being energized
 by the most current problems. These barriers mitigate the information, energy, focus,
 and spontaneous cause for action that scientists get from being more central in the
 network. In sum, NNES scientists’ attempts to connect to the network are likely to
 be through written language, which facilitates precision, reflection, and strategic
 action because it is visible for careful and repeated examination (Goody, 1977), but
 which is also conscious, effortful, and anxiety provoking.

39 These scientists would gain by reflectively understanding the dynamics of
 41 networks and their position within them, so they could reach out strategically and
 43 act in effective ways. Also, they need to seek all the supports they can get and use
 45 them efficiently to make the connections that will give them the practice, motivation,
 interest, and opportunities to develop as international communicating scientists in
 English. Because they may have few well-connected sponsors, their writing must be
 more self-sponsored and self-directed (for the concept of writing sponsorship, see
 Brandt, 2001).

1 **A Workshop to Support Self-Directed Immersion at a Distance**

3 Traditional language instruction including English for Specific Purposes establishes a
5 precondition to the actual engagement and practice that will build fluency and
7 competence, but then engaged practice is needed within highly motivating situations
9 to develop the fluency and precision needed for full participation. To foster self-
11 monitoring and self-sponsored reaching out, we developed a five-day workshop for
13 about 15 physicists and mathematicians at a major research university in central
15 Mexico who were interested in increasing their English language publication. All of
17 the participants had substantial English language instruction and were able to read
19 articles in their specialty in English. Their oral and written skills in English varied
21 from struggling to near fluent. Several of them as well were multilingual, as
23 immigrants or having had residencies in various European and Asian countries. Yet
25 they all found barriers to their international publication in English. The main goal of
27 the workshop was to increase self-directed immersion and to provide strategic
29 supports, including self-guided tools for specialized language learning and editing.
31 Each day included hands-on composing and editing activities, including peer group
33 processes.

19 The first day was devoted to the presentation of the concepts of immersion and
21 network engagement (in both Spanish and English, as well as any other languages
23 they may have worked in), which we then explored in relation to their professional
25 experiences. In this day and each subsequent one, we presented our data including
27 quotations from the interviews to foster discussion.

25 The middle three days considered supports that could be used to develop
27 appropriate contributions to disciplinary communications: the literature, digital
29 language tools, and collegial interaction. One subtheme of all days was that different
31 supports were useful at different points in one's learning, and one should learn when
33 to let go or transform the use of some supports, and when to seek new supports. Day
35 two considered what one could learn from examining other articles in one's field
37 beyond the actual findings or intellectual content. We looked at how to analyze the
39 textual argument structure of varieties of scientific writing, including genre
41 organization and function; the way evidence, theories, and reasoning were presented;
43 and intertextuality in relation both to reference and to use of specialized language.

35 The third day focused more centrally on digital tools to support language, with a
37 particular focus on precise and appropriate phrasing within the scientific context.
39 Phrasing is a struggle for advanced second language writers, as they many know what
41 is correct and even idiomatic in most circumstances, but they have difficulty in
43 expressing their scientific reasoning in a way that would be understood precisely and
45 accurately and would not leave them with the stigma of awkward second language
expression. We considered the strengths and weaknesses of spelling, grammar, and
usage checkers and how their suggestions need to be monitored and used
heuristically. We also explored the various search engine tricks they used, such as
seeing whether certain phrases were used frequently and in what meaning contexts.
Following the work of a number of applied and corpus linguists (Charles, 2007;
Flowerdew, 2005; Gilquin, Granger, & Paquot, 2007; Hafner & Candlin, 2007;

1 Krishnamurthy & Kosem, 2007; Lee & Swales, 2006), we then examined specialized
 3 corpora, such as PERC (<http://www.corpora.jp/~perc04/>), and one we assembled
 5 from English language articles in the *Revista Mexicana de Fisica*. We then presented
 7 procedures to create personalized corpora using texts most relevant to one's specialty
 and the genres one is working with, using for analysis the open access program
 ANTCNC (http://www.antlab.sci.waseda.ac.jp/antconc_index.html) (see also
 Anthony, 2006).

Most controversially, we examined the value and uses of various machine
 9 translation programs. We all recognized the often comic inadequacy of current
 machine translators and the problem of evolving specialized terms and phrasing within
 11 research front areas. Yet, we all abashedly admitted our heuristic uses of them, such as
 to get quick and dirty first pass approximations, to identify possible terminology and
 13 phrasing, to catch spelling and morphology of loan words, and to avoid false friends.
 We also were aware that translation tools were constantly improving, though none
 15 was likely to emerge soon with a true understanding of meaning or with the
 interpretive frame of a specialist in a scientific field. We did double translations of short
 17 passages from Spanish to English and back to Spanish to highlight the strengths and
 weaknesses of current programs. We again discussed reflective use and ultimate
 19 responsibility for revision and editing no matter what tools or supports we may use.

The fourth day, to review the practical implications of all we had worked on, we
 21 began with a discussion of the revision and editing processes used by the various
 participants. From there, we discussed the various human and personal supports that
 23 were part of an extended composing, revision, and editing process and the different
 contributions they might make to our writing. From the educational contexts of
 25 seminars, faculty mentoring, and writing centers, we moved to the composing
 dynamics of collaborative groups, in both local labs and large international teams.
 27 We considered the problems and benefits of paid editors and translators (whether
 employed by the laboratory or hired personally) and again how these could be used
 29 as opportunities for growth rather than substitutions for individual responsibility.
 We considered the potential roles of local and international colleagues, discussion
 31 groups, and journal review and editorial processes. With respect to each of these, we
 considered how to build dialogue and networks of communication and support.

On several of the days, we did demonstration consultations with individual
 33 authors, working on the revision of manuscripts. Some of these consultations were
 35 conducted by the workshop leaders, and others were carried out virtually with
 science writing tutors in the United States through Skype and e-mail exchange of
 37 documents. While more sophisticated software might facilitate the interchanges, we
 found these tools simple, adequate, and at hand.

The final day we considered two new topics. One was to consider from a
 Bakhtinian perspective the relationship of the language they use to that of their larger
 41 community (Bakhtin, 1981, 1984; Bazerman, 2004; Vološinov, 1986). Specifically, we
 discussed the formation of specialized language activities and the language developed
 43 for those activities, along with the individual responsibility for originality (Bazerman,
 2010). We considered the fraught issue of plagiarism and the subtle, local distinctions

1 in what needed to be cited, what was the received knowledge and phrasing already
3 absorbed into communal practice (or what sociologists of science have called
5 obliteration by incorporation — see Cozzens, 1985; Merton, 1973), and what was the
7 obligation for original contribution and how that could be marked.

9 Second, as the conceptual payoff for the whole workshop, we considered personal
11 trajectories of language and scientific development within relevant communicative
13 networks. We reflected on what immersive experiences they have had, how current
15 experiences may be made more immersive, and what opportunities were available to
17 engage further in international science discussions. We considered both the
19 experiences available at a distance (such as virtual participation in virtual groups
21 and projects) and the opportunities for spending time in English language
23 environments.
25

15 **Final Thoughts**

17 While, of course, fluent language use requires learning many language skills and
19 acquiring much linguistic knowledge, formal language instruction only gets one part
21 of the way. Situated practice in significant, immersive, accountable, and consequen-
23 tial activities leads to motivated problem solving and habituated use that advances
25 fluency and accuracy. Thus, as language professionals, we ought to consider
27 providing the means to engage in more regular and more intense language
29 experiences, which will be rewarding, reinforcing, and part of a trajectory of deeper
31 engagement.

33 There are opportunities for degrees of such immersion, even if participants are not
35 in a face-to-face L2 environment, as long as they can recognize, access, and reach out
37 to these opportunities. Facilitations or supports can be an important part of getting
39 the dynamic of engagement going. As digital communication follows its rapidly
41 expanding course, we will have ever-increasing opportunities to communicate ever
43 intensively with each other at great distances, in ever richer environments. In part,
45 digital gaming is starting to show the way toward the intensity of multi-person
interactive experiences, but scientific communication has further advantages of real,
motivating stakes, a communal commitment to discovery and critical evaluation,
existing networks of communication, and an expanding access to data of the real
world, which is represented in the same world of virtual communication.

Immersion at a distance need not be a problem, and in fact is not for those who
are already most deeply engaged in scientific work. They live within self-reinforcing
and self-nourishing networks. For those who have not yet achieved this level of
connection, however, we can provide facilitations for them to increase access and
engagement in potentially immersive worlds at a distance. By helping each individual
build the reflective and communicative skills to make connections and gain conscious
control of the immersion process, we can help them move from the professional
margins into the heavily networked center of Matthew Effect rewards.

1 Uncited References

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 23 English, & Bonnano (1995).

25

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27

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